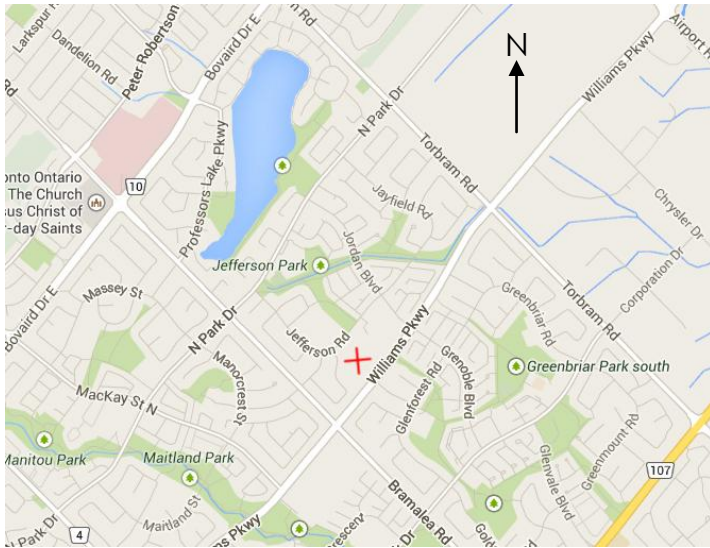


## DIRECTIONS AND CONTACT



Take 401 to 410 going north  
Exit on Williams Parkway East  
(Past Bramalea) North East Side

**Chinguacousy Secondary School**  
**1370 Williams Parkway**  
**Brampton, Ontario L6S 1V3**



If you have any questions or concerns feel free to call  
Ms. Nazareth (905) 791-2400 ext. 420.

This event would not possible without the dedicated efforts of:  
Zonta Brampton Caledon, Mr. Hamilton, Ms. Michielin,  
Ms. Nazareth, Ms. Ruth Balantyne, Ms. Shirley Ellison,  
and all the Chinguacousy Zonta members.

# ZONTA TAKE A STAND

**SAY NO TO VIOLENCE AGAINST WOMEN**

You are cordially invited to the

**2014 ZONTA MINI CONFERENCE**

Held at

**CHINGUACOUSY SECONDARY SCHOOL**

**April 15<sup>th</sup>, 2014**  
**3:00 PM – 8:30 PM**

We look forward to seeing you!

**Please RSVP by April 2<sup>nd</sup>, 2014**



## Chinguacousy Z-Club



### 3:00 PM:

Registration - Front Foyer  
Display Set up - Cafeteria

### 4:30 PM:

Opening Ceremony- Auditorium  
Principal's Welcome - Mrs. Hobbins  
Welcome VIP Guests- P.D.S.B and City of Brampton  
Zonta Welcome - Ms. Shirley Ellison

### 5:30 PM:

Video by Harold Braithwaite Zonta Club  
Zonta News - Ms. Shirley Ellison  
Advisor Thank You  
Sing-a-long with The Chinguacousy Zonta Club

### 6:15 PM:

Breakout Sessions -Classrooms

### 6:45 PM:

Dinner - Cafeteria

### 7:30 PM:

Keynote Speaker – Auditorium  
**Ms. Pooja Handa**  
CP24 Anchor and  
Co-Host of CP24 Breakfast Weekends

### 8:00 PM:

Closing Ceremonies

### 8:15 PM:

All Zontians Clean Up – Cafeteria

### ADDITIONAL INFORMATION

**ADMISSION:** \$10.00

**ATTIRE:** We encourage you to wear your school spirit wear and to bring your banner!

**RSVP:** Ms. Nazareth (ramona.nazareth@peelsb.com)

## Sessions



**A**

### STAND UP AGAINST VIOLENCE

Join Grishma, a Taekwondo Black Belt, in exploring self-defence for young women and men.

**B**

### STAND UP THROUGH YOGA

Join Ms. Michielin as she takes you on a journey towards a healthy you.

**C**

### STAND UP AND EMPOWER YOUR CLUB WITH ICE BREAKERS

Join Said and Parneet as they introduce you to a number of icebreakers that can be used during club meetings to empower club members.

**D**

### STAND UP THROUGH MEDIA AND SOCIAL NETWORKING

Join Nataleigh Ballantyne as she introduces you to media and social networking options to stay connected and to get the message out.

**E**

### STAND UP FOR VICTIMS

Join Nicola Blake as she gives you an insight to the resources available for victims of abuse.

**F**

### ZONTA INTERNATIONAL PROJECTS

Join Dr. Doreen Thompson as she gives you an insight into Zonta's various projects worldwide.

**G**

### ZONTA AWARDS WORKSHOP – ADVISORS ONLY

Join Ms. Shirley Ellison in and Zonta club advisors only workshop as she goes over awards available to Zonta club members and the application process.